Three Pines Press

Catalog of Books



| General Studies | 1 |
|-----------------------------|----|
| Science and Psychology | 2 |
| Classical Philosophy | 3 |
| The <i>Zhuangzi</i> | 4 |
| Medieval Thought | 5 |
| Highest Clarity | 6 |
| Mythology and Hagiography | 7 |
| Meditation | 8 |
| Internal Alchemy | 9 |
| Longevity Techniques | 10 |
| Qigong/Taiji quan | 11 |
| Community and Ritual | 12 |
| Comparative Studies | 13 |

Price (unless otherwise noted)

 Print
 \$34.95 plus S & H

 PDF
 \$15.00

www.threepinespress.com 727-501-6915

GENERAL STUDIES

GENERAL STUDIES

Daoism and Chinese Culture, by Livia Kohn (2001)



This textbook introduces the major schools, teachings, and practices of Daoism in a chronological survey. It offers an integrated vision of the Daoist tradition in its historical and cultural context, establishing connections with Confucianism, Chinese Buddhism, popular religion, and political developments. It also places Daoism into a larger theoretical and comparative framework. The book makes ample use of original materials and provides references to further readings and original sources in translation. It is a powerful resource for teaching and studying alike. 230 pages

Women in Daoism Catherine Despeux Lívía Kohn

Women in Daoism describes how the role of Daoist women in Chinese society developed throughout history, focusing on the different ideals women stood for as much as on the religious practices they cultivated. Presenting first materials on major goddesses, including the Queen Mother of the West, it then discusses the reality of historical women practitioners, and their role in Chinese society. The third part focuses on women's transformation, describing the way the female body is viewed in Daoist cosmology and outlining specific practices of internal alchemy. The book presents the tradition in all its facets. 300 pages

Pristine Affluence: Daoist Roots in the Stone Age, by Livia Kohn (2017)



The golden age of Daoists, rather than being imaginary, closely matches life in the Mesolithic, ca. 9000-5000 BCE, a sedentary form of hunting and collecting before agriculture and the rise of stratified societies and discriminating consciousness. The book examines fundamental Daoist values, modes of thinking, dietetics, communities, leadership ideals, nonviolence, gender equality as well as methods of selfcultivation in relation to prehistoric patterns. An enlightening account of Daoism in the context of human development since the Paleolithic, Pristine Affluence offers a new vision of the Daoist tradition, Chinese history, and essential human choices. 270 pages

Daoist China: Governance, Economics, Culture, by Livia Kohn (2018)



and strong vibrancy. At the same time, there is an increase in political and cultural repression. What, the question arises, is going on? Where stands China today and where is it headed from here? And what, in all of this, is the role and place of Daoism? These sixty vignettes on "Daoist China" present different aspects of life in China, in each case describing the current situation and connecting it to the role and changing facets of Daoism today, focusing in turn on dimensions of governance, economics, and culture. 150 pages (27.95)

Livia Kohn

Women in Daoism, by Catherine Despeux and Livia Kohn (2003)

SCIENCE AND PSYCHOLOGY

SCIENCE AND PSYCHOLOGY

Science and the Dao: From the Big Bang to Lived Perfection, by Livia Kohn (2016)



A comprehensive examination of core Daoist facets from the point of view of modern science, this explores cosmology, physiology, psychology, cultivation, and visions of immortality in the light of astrophysics, particle physics, paleoanthropology, behavioral kinesiology, cell biology, and more. As the book translates Daoism into Western science and theory into practice, it makes traditional Daoist ways more accessible and it offers new perspectives of scientific understanding as well as new dimensions of practical application. It is an absolute must for scholars, practitioners, and anyone interested in the interface of religion and science. 300 pages (\$35.95)

Full Potential: Daoist Wisdom Meets Western Psychology by Livia Kohn (2019)



Blending modern psychology and Daoist wisdom into a recipe for the fully actualized person, this book shows how human beings form an integral part of the greater universe. Activated differently in the brain, subject to both genes and training, inherent aptitudes become apparent in different stages of childhood development and are enhanced by optimal learning conditions, manifold forms of play, and conscientious parenting-leading to the realization of full potential and attainment of Daoist harmony. This book offers a unique presentation: none other pulls the same level of information together, let alone present it in such a vibrant and engaging way. 170 pages (\$27.95)



Living Authentically: Daoist Contributions to Modern Psychology, edited by Livia Kohn (2011)

> This brings together Daoist scholars, psychologists, psychotherapists, physicians, and alternative health practitioners in an exciting new journey of disco-very. This fruitful venture, born during panels at several Daoist conferences, explores ways of living in the world, sustaining relationships, and educating children, in a stressfree, truly authentic way. It outlines different Daoist visions and concepts of the conscious and subconscious mind and its transformations: it correlates these to different schools of psychology today; and it explores options on how we can best become fully authentic, allowing the universal power of Dao to flow freely through all our attitudes and actions. 260 pages

Qigong Meets Quantum Physics: Experiencing Cosmic Oneness, by Imke Bock-Möbius (2012)



This book presents a comprehensive overview of qigong, joined by an outline of quantum physics and an appreciation of mysticism. All three speak of understanding the universe in terms of cosmic oneness. Qigong with its Daoist back-ground is a powerful way to integrate all these ways of apperception and bring them physically into the body. The book makes a powerful and easily accessible case for understanding qigong in terms of modern physics. It also presents practices, notably a set of easy-to-follow qigong exercises with many illustrations. 145 pages (27.95)

2

CLASSICAL PHILOSOPHY

CLASSICAL PHILOSOPHY

The Way of Awareness in Daoist Philosophy, by James Giles (2020)



A philosophical analysis of wide scope, this book claims that Dao is best understood as awareness and that Daoist concerns are primarily with the nature of human experience, meditation, and our relation to the world. It critically engages each major Daoist thinker or text, notably Laozi, Yang Zhu, Zhuangzi, *Inward Training*, Liezi, and Neo-Daoism. Draws frequent comparisons with Western thinkers, psycho-logical research, and Buddhist thought, is both a scholarly examination of Chinese and cross-cultural philosophy as well as an original work on ethics, metaphysics, and the philosophy of mind. 200 pages

Daoism Excavated: Cosmos and Humanity in Early Manuscripts, by WANG Zhongjiang (2015)



A first detailed exploration of Daoist cosmology, philosophy, and political vision as found in recently unearthed bamboo slips and silk manuscripts, this book presents a detailed, and often carefully philological, examination of the early materials, including various versions of the *Laozi*. It focuses particularly on different visions of creation and the unfolding of the universe and on the application of these alternative cosmologies in political thought and practice. Revising and expanding our understanding of traditional Chinese thinking, the book makes an essential contribution to Chinese studies, philosophy, and religion. 230 pages

Rediscovering the Roots of Chinese Thought: Laozi's Philosophy, by CHEN Guying (2015)



The Pheasant Cap Master and the End of History: Linking Religion to Philosophy in Early China, by Marnix Wells (2013)



Following a catastrophic defeat at Changping in 260 BCE, and the reported immolation of close to half a million Zhao soldiers by Qin, a mysterious figure appeared on the stage of history: Heguanzi, the Pheasant Cap Master. A political refugee, he warned against a looming danger of total collapse and Zhao's imminent annexation Qin. His writings, long neglected and misunderstood which stand in close connection to the *Daode jing*, combine a potent mix of religion, metaphysics, philosophy, politics, and strategy to unroll a vibrant picture of life and death in the late Warring States. The book offers the first full translation and an indepth analysis. 255 pages

THE ZHUANGZI

THE ZHUANGZI

Zhuangzi: Text and Context, by Livia Kohn (2014)



This is a comprehensive discussion of the ancient Daoist work Zhuangzi in 24 chapters, providing a chronologically-based outline of the context of the work, from the compilation of the text to its reading in 21st century ecology, plus a systematic discussion and interpretation of its central concepts from perfect happiness to playful uselessness. The book integrates a vast spectrum of original and secondary sources, examines the history and ideas in a wide context, both within China and cross-culturally, and relates many of the Zhuangzi's key notions and practices to modern science, notably physics, biology, and psychology. Encyclopedic in scope, meticulous in execution, and skillfully presented, it is a must for anyone interested in traditional Chinese thought. 335 pages (\$35.95)

Zhuangzi: Thinking through the Inner Chapters, by WANG Bo (2014)



A major contribution to the philosophical understanding of Zhuangzi, this presents a systematic study by the foremost representative of new Chinese scholarship. Besides giving detailed readings of all seven Inner Chapters, the book also provides historical and textual context, plus an in-depth examination of key philosophical concepts. Opening new and often startling insights, it flushes out the relevance of Zhuangzi's thought especially in relation to Confucian and Mohist teachings as well as to Chinese history and culture. A must for anyone interested in Chinese and comparative philosophy. 220 pages

New Visions of the Zhuangzi, edited by Livia Kohn(2015)



collection of thirteen essays on the ancient Daoist philosophical work *Zhuangzi*, this presents new angles and approaches. It overcomes the traditional division of schools in favor of topics, sheds new light on key philosophical notions, examines Zhuangzi's use of language, and explores issues of his use of language. In addition, it also applies modern neuroscience to its instructions, explores its vision of the ideal mind, and connects Zhuangzi's teachings to issues of education and community relevant in contemporary society. 225 pages

Experimental Essays on Zhuangzi, edited by Victor Mair (2010)



Experimental Essays on Zhuangzi is a classic in the field. Originally published in 1983, this edition makes it available again in an expanded version, with four additional contributions by Harold Roth, Deborah Sommer, Erin Cline, and Ronnie Littlejohn. The volume is updated in format, with pinyin transliteration, Chinese characters embedd-ed in the text, and referencestyle notes. The work is a well-respected textbook and essential reader in Daoist thought. It continues to constitute an essential contribution to the study of Daoism and Chinese philosophy. 250 pages

MEDIEVAL THOUGHT

Daoist Mystical Philosophy: The Scripture of Western Ascension, by Livia Kohn (2007)



The *Xisheng jing* (Scripture of Western Ascension) is a central text of medieval Daoist mysticism, containing oral instructions Laozi gave to Yin Xi, the Guardian of the Pass, when he transmitted the *Daode jing*, which it resembles in structure and contents. Written in the fifth century, the text has played an important role in Daoist religious thought and had a major impact on the school of Twofold Mystery in the early Tang. This study examines the text in its historical unfolding and studies its mythological framework narrative as well as philosophical, mystical dimensions. The book contains a full annotated translation of the text. It is an exemplary study of an important philosophical Daoist document. 285 pages

Laughing at the Dao: Debates among Buddhists and Daoists in Medieval China, by Livia Kohn (2008)

Laughing at the Dao

Debates among Buddhists and Daoists in Medieval China



Livia Kohn

The Xiaodao lun (Laughing at the Dao) is a key document of medieval debates among Buddhists and Daoists. Written by the Daoist renegade Zhen Luan in 570, it aims to expose inconsistencies in Daoist doctrine, cosmology, ritual, and religious practice. This complete and fully annotated translation places the work in the context of the debates and exposes the political schemes behind apparently religious disputes. The introduction outlines the history of the debates while two appendixes present materials of earlier and later debates and Daoist sources cited in the text. Richly informed and highly relevant to an understanding of medieval China, the work enhances the study of medieval Buddhist and Daoist myth, rhetoric, and ideology. 280 pages

MEDIEVAL THOUGHT

Beyond the Daode jing: The Thought of Twofold Mystery, by Friederike Assandri (2009)



Friederike Assandri

teachings systematically to a Western audience. Dividing into four parts that cover historical context, key thinkers, major texts, and philosophy, the book ranges in its discussion through various dimensions, including cosmogony, epistemology, salvation, and the pantheon. It not only provides a superb introduction to the intricate philosophy of Twofold Mystery, but also explores Tang Daoist religious philosophy an important but largely unknown field in the intellectual history of China. Offering a prime example of the continuous literati engagement with ancient Daoist thought in general and the *Daode jing* in particular, this is a topnotch scholarly work of great relevance. 250 pages

Beyond the Daode jing is the first monograph to

present early Twofold Mystery (chongxuan).

Living with the Dao: Conceptual Issues in Daoist Practice, by Livia Kohn (2002)



In medieval Daoist practice as much as today, the alignment of the body and the harmonization of qi bring about the transformation of the emotions and the unfolding of spirit. In addition, progress along the path also requires the rethinking and reformulating of basic ideas about self, world, and universe, the adjustment of the mind and one's sense of identity to the flow of Dao. Illuminating this facet, this collection of thirteen essays covers issues of mind and body, self and personality, good and evil, qigong and ritual, as well as prolongevity and ecology. 245 pages

HIGHEST CLARITY

The Way of Highest Clarity: Nature, Vision, and Revelation in Medieval Daoism, by James Miller (2008)



The Way of Highest Clarity Nature, Vision and Revelation in Medieval Clama JAMES MILLER Highest Clarity (Shangqing) was a Daoist religious movement that flourished for a thousand years in medieval China. This book explores its chief religious ideas and practices through three key texts, translated into English for the first time. Together with introductory essays on the concepts of nature, vision, and revelation, the book provides an overview of a unique and fascinating religious imagination, of interest to anyone seeking a deeper understanding of humanity's cultural heritage. It is a prime study of a major Daoist school, offering path-breaking research of this little-known aspect of medieval Chinese culture. 245 pages

Declarations of the Perfected, Part 1: Setting Scripts and Images into Motion, by Thomas E. Smith (2013)



This is the first volume of the complete, annotated translation of the *Zhen'gao*, Tao Hongjing's (456-536) masterful compilation of the Shangqing or Higher Clarity revelations, setting the stage for the heyday of medieval Daoism. This volume presents its first part (fasc.1-4), centering around the practice of achieving "spiritual union," a spiritual analogue to sexual intercourse, with Perfected partners. The book is the first to examine in depth the full process of this practice—from preliminary courtship to the act of union itself, the gestation of the Perfected embryo in the body of the adept, and finally the adept's rebirth. 350 pages (\$35.95)

HIGHEST CLARITY

Declarations of the Perfected, Part 2: Instructions on Shaping Destiny, by Thomas E. Smith (2020)



Part Two: Instructions on Shaping Desti-

Thomas E. Smith

presents the next section (fasc. 5-8) of Tao Hongjing's *Zhen'gao*. It focuses on the various difficulties that Daoist practitioners are likely to encounter in a dangerous world, and how to overcome them. It begins with instructions of a more general nature, before moving on to problems faced specifically by Xu Mi (303-376) and his family and fellow officials. This volume also sheds much light on the history of its time the kinds of moral and philosophical issues that were being debated, as well political intrigues in the Eastern Jin court. 350 pages (\$35.95)

This second volume of annotated translation

6

MYTHOLOGY & HAGIOGRAPHY

MYTHOLOGY & HAGIOGRAPHY

Myth and Meaning in Early Daoism: The Theme of Chaos, by Norman Girardot (2008)

| Myth and Meaning in Early Daoism The Theme of Chaos (Hundun) | Examining early Daoist texts, this work finds a thematic and soteriological unity rooted in the mythological symbolism of chaos, fundamental for both philosophy and practice in cosmic, social, and individual life. Interdisciplinary and interpretive in outlook, it challenges prevailing conceptions of the <i>Daode jing</i> and <i>Zhuangzi</i> as philosophical texts without religious significance or affinity with later organized schools while also placing Daoist gourd imagery and creation mythology into a wider comparative context. Controversial and at times playfully provocative, the book with its the unique methodology and intriguing findings is essential for understanding key facets of Daoism both China and the world. 275 pages (\$35.95) |
|---|---|
|---|---|

Divine Traces of the Daoist Sisterhood, by Suzanne Cahill (2006)



This book presents unique materials on the lives and religious quests of Daoist women in medieval China. Based on Du Guangting's (850-933) extensive record of Daoist women's biographies, covering the entire scope of medieval Chinese society and ranging from the 3rd to the 9th centuries, the book explores the social context, ideals, and specific techniques of their practice. It also relates the stories to overall Daoist themes and contemporaneous political events, carefully analyzing both the spiritual and lifestyle choices women made in ancient China. A well-crafted work and unique in its scholarly solidity and breadth of insights, *Divine Traces* is a classic in the field. 245 pages

Chen Tuan: Discussions and Translations, by Livia Kohn (2001)



Livia Kohn

This book contains three essays and five translations on the Song Daoist saint and immortal Chen Tuan. It is based on the author's dissertation (*Leben und Legende des Chen Tuan*, 1981), which focused on questions of legend development and the problem of what "immortality" meant as a religious ideal in the Song dynasty. Later she supplemented this work with materials on Chen Tuan as a physiognomist published in two articles and by editing a volume for Taoist Resources (1989). The collection includes all these and some additional materials. 160 pages (\$27.95)

MEDITATION

MEDITATION

Meditation Works: In the Hindu, Buddhist, and Daoist Traditions, Readings in Daoist Mysticism, by Livia Kohn (2009) by Livia Kohn (2008)

| Meditation Works in the Hindu, Buddhist and Daoist Traditions | Based on extensive cultural studies and long years of practice, Livia Kohn here creates a new typology of meditation based on six distinct ways of accessing the subconscious. In a special chapter on each type, she outlines the physiology, world view, and traditional practice as well as its modern medical adaptations and organizational settings. Providing a thorough theoretical framework combined with a comprehensive, analytical overview and extensive practical applications, the book greatly advances our understanding of |
|--|---|
| Livia Kohn | meditation. 260 pages |
| | |

Sitting in Oblivion: The Heart of Daoist Meditation, by Livia Kohn (2010)



Livia Kohn

Sitting in Oblivion outlines the history and intricacies of *zuowang*, an essential form of Daoist meditation. It divides into two parts. "Discussion" begins by placing the practice in the larger context of the phenomenology of meditation and Chinese religious history. It then discusses early forms. Tang developments, the Buddhist impact, and its role today. The part called "Translation" presents eight texts with ample annotation. Drawing on decades of Daoist scholarship and meditation experience, this book is the culmination of Kohn's extensive, pathbreaking work. It greatly enhances our understanding of the complex methods and concepts involved in attaining Dao. 245 pages



A handy reader for teachers and students of mysticism in theory and practice, this collects 140 pages of expanded conference presentations and re-edited articles together with 90 pages of easily accessible translations of relevant primary sources. It is ideally suited for specialized classes on Daoism and Chinese religions, comprehensive courses on Asian religions, or introductions to mysticism in comparative perspective. It is also a valuable resource for general information on the subject and access to pertinent original sources. 250 pages.

INTERNAL ALCHEMY Internal Alchemy: Self, Society, and the Quest for Immortality, edited by Livia Kohn and Robin R. Wang (2009)



edited by Livia Kohn & Robin R. Wang

Internal alchemy has been the dominant system of Daoist spiritual practice since the Song dynasty. Its practitioners transform body energies into subtle levels of spirit, hoping to find illumination by returning to the fundamental order of the cosmos and in the process reconcile physiological training with intellectual speculation. Bringing together the best work of leading scholars in the field, this book provides a thorough and easily accessible introduction to this important tradition. It describes the cultivation methods at the root of internal alchemy, presents its historical development and key concepts, and explores comparative dimensions, such as Kundalini Yoga and Hermeticism. 250 pages

INTERNAL ALCHEMY

INTERNAL ALCHEMY

The Zhong-Lü System of Internal Alchemy, by Livia Kohn (2020) Daoist Internal Mastery, by WANG Liping and Mark Bartosh



Livia Kohn

This translates two 12th-century texts associated with the legendary immor-tals Zhongli Quan and Lü Dongbin, founders of the Zhong Lü tradition of internal alchemy. First, the *Zhong-Lü chuandao ji*, in dialogue format, outlines the cosmological para-meters of the practice, then describes various methods of attainment. Second, the *Lingbao bifa*, assembling various revealed sources and commentaries, presents similar concepts and adds more specific practices. Beyond providing an in-depth understanding for modern practitioners, the work is essential for anyone concerned with Daoist history, cosmology, and internal alchemy. 270 pages

The Literati Path to Immortality: The Alchemical Teachings of Lu Xixing, by Ilia Mozias (2020)



Ilia Mozias

This explores the life and teachings of the Ming author and alchemist Lu Xixing (1520-1601), who embodied the literati tradition of selfcultivation, learning alchemy from books and spirit-writing seances with Lü Dongbin and other immortals. After presenting his biogra-phy, the book expounds cosmological doctrines and explains major alchemical concepts as it outlines the path to immortality. Shedding fascinating new light on the religious life of Ming literati and providing a first access to a unique take on internal alchemy in late imperial China, *The Literati Path to Immortality* is a must for anyone interested in traditional Chinese religion and culture! 240 pages

Daoist Internal Mastery, by WANG Liping and Mark Bartosh (2019)



This book translates Master Wang's original practice instructions and discourses given during training seminars. His system serves the concoction of a golden elixir through the dual cultivation of inner nature and life-destiny. It involves many different kinds of techniquesincluding walking, pacing, sleeping, circulating the five phases, absorbing tree energy, and capturing planetary essences. The book presents these in a systematic format and with a great amount of instructional detail. It contains a wealth of information invaluable to anyone interested in genuine Daoist cultivation and elucidates numerous rather obscure concepts to contextualize each practice. 450 pages (\$49.95, no PDF)

Internal Alchemy for Everyone, by Chungtao Ho (2018)



Internal Alchemy

for

Everyone

Chungtao Ho

internal alchemy available to everyone. Avoiding academic categories, it provides an outline of basic concepts in conjunction with evolutionary theory as well as easily accessible practice instructions. Done correctly, the practice provides numerous benefits, including freedom from disease, extended life expectancy, and enhanced wisdom. The book opens the powerful esoteric system of internal alchemy to a wide, general audience, lifting it out of obscurity and mystification while yet retaining a strong hold in historical sources. A must-read for anyone interested in traditional Chinese cosmology, Daoist practice, and the active pursuit of a healthier and longer life! 160 pages (\$27.95)

This book makes the self-cultivation of Daoist

LONGEVITY TECHNIQUES

LONGEVITY TECHNIQUES

Health and Long Life: The Chinese Way, by Livia Kohn (2005)



A comprehensive overview of the wide variety of Chinese medical and spiritual practices, this volume describes numerous different facets of Chinese healing and discusses their relationship to contemporary Western science and religious Daoism. It provides a clear outline of the worldview underlying the practices, focusing on Dao and qi as well as body and mind. It then describes the key features of diagnosis, acupuncture, and massage, followed by an outline of key longevity practices, including dietetics, herbal remedies, Feng Shui, self-massages, qigong, taiji quan, and meditation. Clear in presentation and lovingly illustrated, the book is a wonderful primer of all the different dimensions of Chinese health. 235 pages

A Source Book in Chinese Longevity, by Livia Kohn (2012)



People today live longer than in any time in history and they want to stay young and active for many years to come. The Chinese have practiced longevity techniques for millennia, working with process-oriented and energy-based methods, and their literature is full of essential insights and practical guidelines. The Source Book is the first comprehensive collection of traditional Chinese longevity sources in English translation. Arranged chronologically, it presents materials from ancient medical manuscripts through medieval manuals and Daoist scriptures to late imperial works that specifically focus on women. Well organized and illustrated, it provides easy access to a treasure trove of information. 300 pages

Daoist Body Cultivation: Traditional Models and Contemporary Practices, edited by Livia Kohn (2006)



This comprehensive volume covers the key practices of medical healing, breathing, diets, exercises, sexual practices, qigong, and taiji quan. Each presentation places the practice in its historical and cultural context and relates its current application and efficaciousness. Ultimately aiming to energetically transform the person into a spiritual and transcendent being, Daoist cultivation techniques have proven beneficial for health time and again and can make an important contribution in the world today. The book provides a deeper understanding of the practices in their cultural and historical contexts, bridging the gap between healing and religion. 245 pages

Daoist Dietetics: Food for Immortality, by Livia Kohn (2010)



Food for Immortality

Livia Kohn

developments, and recipes of the Daoist diet. It begins with two analytical parts: on medicinal diets and on they theory and history of Daoist nutrition. Beyond this, the book presents a number of translations of medieval documents on Daoist fasting. It concludes with a selection of recipes that can be easily used in a Western kitchen. An exciting new venture, *Daoist Dietetics* opens new insights into the longevity methods and religious technology of traditional China. 215 pages

Daoist Dietetics provides an introductory

overview of the main characteristics, historical

QIGONG / TAIJI QUAN

QIGONG / TAIJI QUAN

The Soul of Taiji: Zhang Sanfeng-Wu Baolin Taijiquan, by Dr. Baolin Wu and Michael McBride (2020)



This tells the story of how Master Wu Baolin came to learn Daoist taijiquan from his teacher at the White Cloud Monastery in Beijing and introduces original taijiquan as preserved since the times of. Zhang Sanfeng. Dr. Wu is a senior master of Daoist taijiquan, Chinese medicine, and qi cultivation. Born in China, he now practices and teaches in Santa Monica. The book consists of seven chapters that cover Master Wu's basic training experience, the life and work of Zhang Sanfeng, the importance of working with animal models, relevant theories and concepts as well as pertinent stories of a martial life. It concludes with a detailed illustrated outline of the form. 240 pages

The Eight Immortals' Revolving Sword of Eternal Yang, by Dr. Baolin Wu with Michael McBride and Vincent Wu (2011)



By Dr. Baolin Wu Michael McBride and Vincent Wu First in a Western language, this offers a thorough account of the Daoist mindset as activated in the contemporary world. Its three parts cover Master Wu's personal journey, a detailed and illustrated description of the lives and powers of each of the Eight Immortals as well as concrete practice instructions of the unique sword technique associated with them. It opens both the practice and the intricacies of contemporary Daoist worldview to the outside world, using a cheerful narrative style and an internally revolving mode of presentation in conjunction with numerous practical details and beautiful illustrations. 220 pages

Tao of Sustainability: Cultivate Yourself to Heal the Earth Gregory Ripley (2016)



Gregory Ripley

This work presents the traditional Daoist path of self-cultivation as a framework for bringing human beings back into a sustainable relationship with the Earth. It also explores how health, both mental and physical, is impacted by nature, drawing on research in Green Exercise, Nature and Forest Medicine, and Ecopsycology. Part philosophy, part meditation manual, part nature awareness guide, *Tao of Sustainability* draws on a variety of disciplines and traditions, from Daoism to Stoicism, from Ecopsychology to Buddhist mind training, from the visual arts to movement, and thereby offers numerous pathways towards reconnecting with nature and the Dao. 220 pages

COMMUNITY AND RITUAL

COMMUNITY AND RITUAL

Cosmos and Community: The Ethical Dimension of Daoism, by Livia Kohn (2004)



Cosmos and Community is the first English study of Daoist religious ethics. Based on original translations of primary sources, it presents a thorough comparative analysis of various kinds of Daoist rules, divided into four major kinds: prohibitions, admonitions, injunctions (behavioral guidelines), and affirmations (positive prayers). They all serve to place the practitioner firmly into the overarching goodness of Dao. The book also presents extensive translations of original sources, ranging from the 3rd to 17th. The work is essential for anyone interested in Daoism, comparative ethics, or Chinese history. 290 pages (\$35.95) A second volume, *Supplement to Cosmos and Community*, presents further translations

A World of Their Own: Daoist Monks and Their Community in Contemporary China, by Adeline Herrou (2013)



Joining the life of a small Daoist community temple, the author examines its structure, inhabitants, surrounding community, and gods. She outlines the individual's choices, training, and path, then discusses the greater Daoist community in terms of pseudo-kinship structures and gender issues. Based on years of careful observation, *A World of Their Own* is a rich source of information on the life of Daoist monastics in contemporary China. The book is full of amazing detail and reliable, on-the-ground information: a must for anyone interested in the true face of religiosity and spiritual practice in China today. 280 pages *Empowered Writing: Exorcistic and Apotropaic Rituals in Medieval China*, by Stephan Peter Bumbacher (2012)



A systematic study of the inherent powers of Chinese talismans, petitions, registers, and holy scriptures. Using a vast arsenal of original sources, the book traces the unfolding and transformation of empowered writing from the Warring States period through the Six Dynasties, closely examining the different kinds of writing, their uses, and interpretation as well as relating uniquely Daoist features to imperial and Buddhist usages. The book is path-breaking in its endeavor and stunning in its depth of analysis. It is a must for all China historians and scholars of religion. 220 pages

Daoist Priests of the Li Family: Ritual Life in Village China, by Stephen Jones (2017)



Along with Jones' moving film "Li Manshan: Portrait of a Folk Daoist"-https://vimeo.com/ 155660741-this engaging book describes a hereditary family of household Daoist priests in rural north China. It traces the vicissitudes of their lives-and ritual practices-over the turbulent last century through the experiences of two main characters: Li Manshan (b. 1946), and his father Li Qing (1926-1999). The story anchors changing ritual practice in the ethnography of ritual specialists and their patrons today. A vivid portrait of a rapidly changing society, it is essential for anthropologists, scholars of Daoism and folk religion, worldmusic aficionados, and all those interested in Chinese society. 410 pages (\$42.95/\$17)

COMPARATIVE STUDIES

COMPARATIVE STUDIES

Ecofamilism: Women, Religion, and Environmental Protection in Taiwan, by Wan-Li Ho (2016)



Based on extensive interviews with women founders, leaders, and members of six nongovern-mental and often religious organizations 1990-2015, *Ecofamilism* presents contemporary issues in Taiwan from the perspectives of social anthropology, geography, inter-religious cooperation, and global ethics. The book offers a new way of approaching life in contemporary Asia, portraying the experiences of Taiwanese women—whose gender roles are ancillary to motivations of family, religion, and society. Its key concept of ecofamilism pairs notions of ecology and family to illuminate ecologically responsible positions toward society, environment, and all living beings. 240 pages

Flowers in Chinese Culture: Folklore, Poetry, Religion An Lan Zhang (2015)



Flowers and blossoms are intricate and dainty, beautiful and transient. Marking the passing of the seasons while flourishing in radiant splendor, they open our hearts to beauty, provide creative inspiration, and connect us to the divine. Each culture has its own unique symbolism and lore associated with its flowers. *Flowers in Chinese Culture* presents the subtle and potent relevance of thirty flowering plants in Chinese Daoist culture, exploring religion, literature, folklore, and sayings. A delight to behold, it is a treasure trove of learning and insight. 155 pages (\$27.95)

Mysticism and Meaning: Multidisciplinary Perspectives, edited by Alex S. Kohav (2019)



This exciting new volume investigates the question of meaning of mystical phenomena, bringing together thirteen international scholars from highly disparate fields to address the meaning of mysticism through an up-to-date multidisciplinary approach. Essays probe questions of complexity and perplexity as well as the reasons why problematizing mysticism leads to even greater enigmas. Some provide the contextual framework for the continuing fascination of mysticism; others focus on multi-disciplinary investigations. A must-read for anyone wishing to expand their understanding of mysticism and its meaning. 320 pages (\$35.95)

The Gourd and the Cross: Daoism and Christianity in Dialogue Sung-hae Kim (2014)



Going back to an actual dialogue, first published in Korean in 2003, this correlates Dao and the reign of God, compares Jesus and the sage of the Daode jing, and matches ideas of freedom in the Zhuangzi and the New Testament. It establishes a dialogue between Daoist mind-fasting and Christian unknowing, examines concepts of Eastern immortality versus Western egalitarianism, and discusses visions of nature and humanity, both traditionally and in terms of modern ecology. It concludes with an exploration of the interaction of Daoism and Christianity in Korean folk piety. Breaking exciting new ground, it brings Daoism to the fore in the growing field of interreligious dialogue. 240 pages